

BM TÜRKİYE

IMPLANTOLOGY

All-on-4 in Turkey or All-on-6: Which Fits Your Jaw?

In short

All-on-4 in Turkey or All-on-6? What studies show on survival and bone loss, who suits six implants, days in Istanbul and what the package includes.

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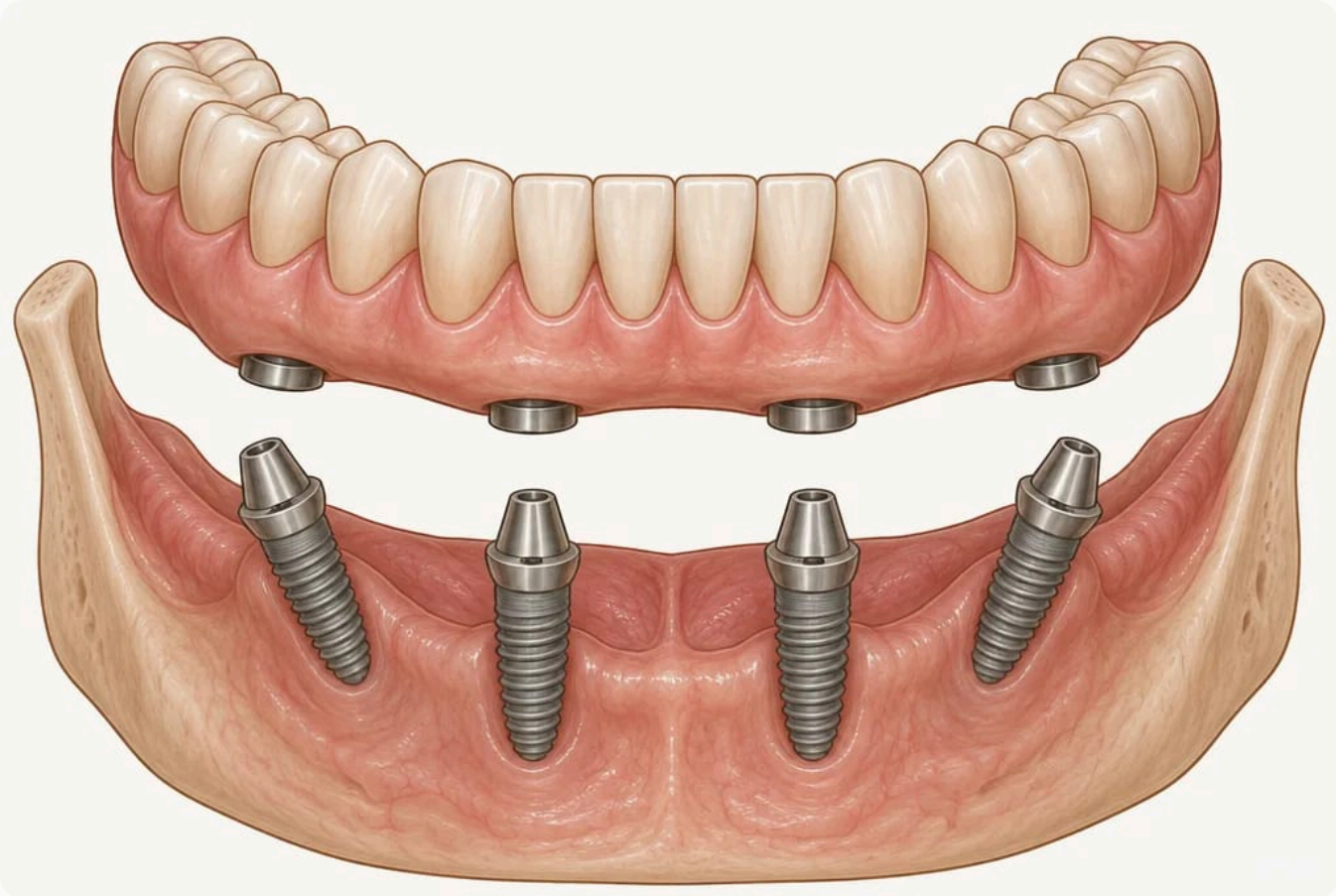
All-on-4 in Turkey and All-on-6 give you the same thing: a fixed full-arch bridge held by implants. Studies that compare them find no significant difference in implant or bridge survival for most patients, so the choice depends on your bone and your risk factors. Six implants spread the load and are more predictable for some groups of patients. Four implants can work where there is less bone.

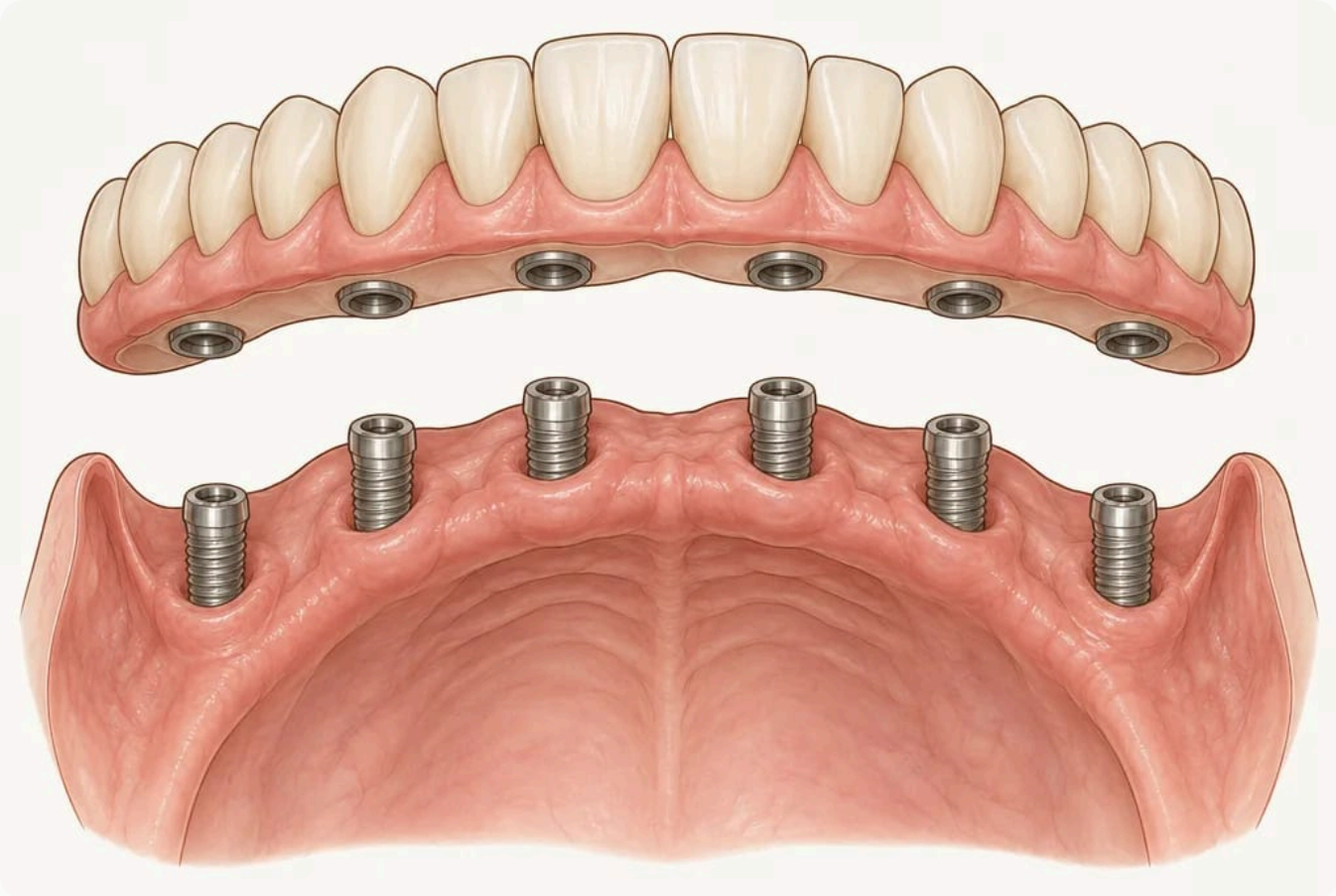
Below: what the research says, which patients tend to need six, how the two visits to Istanbul work, and what to ask before you book. Sources are listed at the end.

What is the difference between All-on-4 and All-on-6?

All-on-4 is a full-arch fixed bridge on four implants in one jaw. All-on-6 uses six. Either way the teeth stay in; you do not take them out at night the way you would a denture.

All-on-4 was designed for jaws that have lost bone. A 2017 consensus report from the 9th Mozo-Grau Ticare Conference names an atrophic (shrunken) upper or lower jaw as its main indication, and concludes that in that situation four implants are enough for immediate loading and for the final bridge. All-on-6 needs room in the bone for six implants, which is why the decision starts with your 3D scan.





What the studies say about four vs six implants

A 2024 systematic review and meta-analysis in Heliyon pooled 53 studies on the upper jaw. It found no significant differences between four and six implants in implant survival, bridge survival, or mechanical and biological complications. Marginal bone loss around the implants, however, was significantly higher with four.

A cohort of 217 patients followed for 3 to 13 years (Clinical Implant Dentistry and Related Research, 2023) also found no significant difference overall. The exceptions are worth reading closely. For older patients, smokers, people who grind their teeth (bruxism), patients with natural or fixed teeth in the opposite jaw, and those with low bone density or a long cantilever, All-on-6 was more predictable in some measurements.

How much weight should you put on all this? A 2025 overview of eight systematic reviews (Oral and Maxillofacial Surgery) concluded that All-on-4 gives outcomes comparable to conventional full-arch treatment, but found that most of those reviews had a high risk of bias and low methodological quality.

So neither option wins for everyone. If you fall into one of the groups above, six implants give you extra margin. If you do not, four implants are a sound choice for many people.

Criterion	All-on-4	All-on-6
Implants per jaw	4	6
Implant and bridge survival, upper jaw (2024 meta-analysis)	No significant difference	No significant difference
Marginal bone loss (same review)	Significantly higher	Lower
Older patients, smokers, bruxism, low bone density (2023 cohort)	Less predictable in some measurements	More predictable in some measurements
Main indication (2017 consensus)	Atrophic (shrunken) jaw	Not covered by that report
Days in Istanbul at BM Turkiye	About 4-5, then about 5-7	About 4-5, then about 5-7
Warranty at BM Turkiye	Implants for life (replaced if they fail), bridge 15 years	Implants for life (replaced if they fail), bridge 15 years

Not sure which one your jaw allows? Send us a panoramic X-ray, a CT scan or clear photos of your teeth on WhatsApp or through the form at the end of this page. The consultation is free. Within 6 hours you get a written treatment plan that says whether four or six implants suit you, how many visits you need and how long each stay will be.

Do I need bone grafting first?

Often not, because All-on-4 was designed partly to use the bone you already have. The 2017 consensus does set one condition for fixed teeth straight away: implants need an insertion torque of over 35 Ncm before they can be loaded immediately. If the implants are not stable enough, or you need a graft, same-day teeth may be ruled out. A Camlog Foundation consensus report (2016) found survival rates high with both immediate and conventional loading, and noted that immediate loading may carry a greater risk of implant failure.

At BM Turkiye, a bone graft or sinus lift is charged separately from the implant price and is added only if you need it. If that is your case, read our article on the implant timeline with a bone graft to see how it changes the plan.

All-on-4 in Turkey: how many days and visits?

At BM Turkiye Dental Clinic, All-on-4 and All-on-6 follow the same timeline.

1. First visit, about 4-5 days. You have the scan, the implants are placed and a fixed temporary bridge goes in. In suitable cases, when the bone and the stability of the implants allow it, fixed temporary teeth are fitted within 24 hours.
2. Healing at home, 3-6 months. The implants fuse with the bone while you wear the temporary bridge.
3. Second visit, about 5-7 days. The final bridge is made and fitted.

Dr Mehmet Dağhan oversees implant surgery at the clinic, full-arch All-on-4 and All-on-6 included. We work with Straumann, Nobel Biocare, Neodent, Medigma, Medentika and Biotech implants, and the doctor picks the brand for your case. The treatment pages for All-on-4 and All-on-6 describe each one.

What does the package include, and can I finance it?

There are no figures in this article; current prices are on our prices page. For All-on-4 and All-on-6, the hotel and transfers come with the package. Bone grafting and sinus lifts are charged separately when needed, and your written plan lists what your own case includes.

Finance is a common question. You pay at each visit, for the treatment done on that visit, so you never pay for a visit you have not had yet. Instalments are possible on a credit card if your issuing bank offers them.

Warranty, documents and follow-up at home

Implants are replaced if they fail (lifetime warranty), and the All-on-4 or All-on-6 bridge has a 15-year warranty. The terms are set out in a warranty certificate that you keep.

Before you fly home you receive your warranty and care plan by email, an aftercare guide in PDF, a copy of your X-rays and an implant card with the brand and size. Follow-up after that is online, with photos. Anything that needs fixing under the warranty is repaired free of charge at the clinic in Istanbul. The travel is at your cost, and we have no partner dentists abroad.

Whichever clinic you choose, the UK General Dental Council suggests asking who will carry out the treatment, what qualifications they hold, and what happens if you are unhappy with the result, including who pays for extra flights, hotel and remedial work. Get those answers in writing.

To compare plans, send your X-ray or photos on WhatsApp or use the consultation form below. The written plan is free and arrives within 6 hours, with the treatment, the visits and the length of each stay.

Frequently asked questions

Is All-on-6 better than All-on-4?

Not for everyone. Overall, studies find no significant difference in implant or bridge survival. A 2024 meta-analysis found more bone loss with four implants, and a 2023 cohort found All-on-6 more predictable in some measurements for smokers, people with bruxism, older patients and those with low bone density.

How many days do I need in Istanbul for All-on-4?

About 4-5 days on the first visit and about 5-7 days on the second, 3-6 months later. You wear a fixed temporary bridge in between.

Can I get fixed teeth in 24 hours?

In suitable cases, yes. Fixed temporary teeth can go in within 24 hours when the bone and implant stability allow it. The final bridge comes after healing, on the second visit.

Do I need a bone graft for All-on-4?

Not always, since All-on-4 was designed for jaws with less bone. Your scan decides. A graft or sinus lift, if you need one, is charged separately and can change the timeline.

Can I finance All-on-4 in Turkey?

You pay at each visit for the treatment done on that visit. Instalments are possible on a credit card if your issuing bank supports them.

What warranty comes with All-on-4 in Turkey?

At BM Turkiye, implants are replaced if they fail (lifetime warranty) and the bridge has a 15-year warranty, written in your warranty certificate.

Sources

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   Sharaf MA et al., Heliyon · 2024
2. Comparison of 4- or 6-implant supported immediate full-arch fixed prostheses: a retrospective cohort study of 217 patients followed up for 3-13 years
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3. Rehabilitation of edentulous jaws using the "All-on-Four" treatment concept: an overview of systematic reviews
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5. Loading protocols and implant supported restorations proposed for the rehabilitation of partially and fully edentulous jaws. Camlog Foundation Consensus Report
Schwarz F et al., Clinical Oral Implants Research · 2016
6. Going abroad for dental treatment
General Dental Council

Questions about your treatment? Write to us any time — we answer on WhatsApp 24/7.